

## Essay Requirements for the Quest Admissions Application

In addition to your high school transcript, a short and a long essay are required to complete your Quest Admissions Application. The essays demonstrate your ability to write clearly and concisely on a selected topic and help you distinguish yourself in your own voice. What do you want the readers of your application to know about you apart from courses, grades, and test scores?

Please complete this Essay Requirements Form and submit it to [admissions@questu.ca](mailto:admissions@questu.ca)

- before **Dec 1** (if you plan to apply for the **Early Action Deadline**)
- before **Feb 1** (if you plan to apply for the **Recommended Application Deadline**)
- after these deadlines, applications will be reviewed on a rolling basis if space is available

Please save the file and title it with your first name and last name so that it can be easily attached to your application.

### Personal Information:

Legal First Name	Last Name	Preferred First Name
Country of Residence	Birthdate (MM/DD/YYYY)	Email Address

### Required Long Essay:

Choose ONE of the options below and write an essay, using the prompt to inspire and structure your response. (max 650 words)

- 1) Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without discussing it. If this sounds like you, then please share your story.
- 2) The lessons we take from obstacles we encounter can be fundamental to later success. Recount a time when you faced a challenge, setback, or failure. How did it affect you, and what did you learn from the experience?
- 3) Reflect on a time when you questioned or challenged a belief or idea. What prompted your thinking? What was the outcome?
- 4) Describe a problem you've solved or a problem you'd like to solve. It can be an intellectual challenge, a research query, an ethical dilemma—anything that is of personal importance, no matter the scale. Explain its significance to you and what steps you took or could take to identify a solution.
- 5) Discuss an accomplishment, event, or realization that sparked a period of personal growth and a new understanding of yourself or others.
- 6) Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?

### **Required Long Essay:**

Choose **ONE** of the essay options above and write an essay, using the prompt to inspire and structure your response. (max 650 words)

**Required Short Essay:**

Why are you interested in Quest University Canada? (max 500 words)